

Template: Building a basic picture for JSNAs and JHWSs

This template, and the questions which accompany it, are designed to help health and wellbeing boards build a picture of loneliness amongst older people to be used in a JSNA and/or JHWS.

Prevalence: Based on an estimated 6-13 per cent of people over 60 who often or always feel lonely¹

National estimate	Local area population	Projection for 2020

Groups at highest risk

At risk groups	Total population
Lone pensioners	
Older carers	
People over 75	
Recently bereaved older people	
Older people with sensory impairment including dual sensory impairment	
Older people receiving help with bin collections	
People over 65 living in a materially deprived area	

Building a basic picture: a series of questions

1. Have any surveys been conducted examining loneliness and isolation amongst older people? If so what were the results?
2. Have older people been asked about/raised the issue in local consultations?
3. Is it an issue that's emerging in feedback from those involved in providing services e.g. home care workers, district nurses?
4. What information exists about local services to address loneliness and isolation amongst older people?

Developing understanding of the issue: a series of questions

1. What NHS, local authority or other data might be factored in to develop the analysis?
2. Are there concentrations of older people who are at greatest risk in particular wards?
3. Is more in-depth research and consultation required?
4. Are appropriate services and support available to meet the need?
5. Do the people who need them know about relevant services and support – are they marketed effectively?

(See example: Royal Borough of Kensington and Chelsea, Older Persons' Partnership Board and example: Springboard Cheshire).

Reference:

- 1 *Cann P and Joplin K. Safeguarding the Convoy – a call to action from the Campaign to End Loneliness, Age UK Oxfordshire (2011)*
http://campaigntoendloneliness.org.uk/wp-content/uploads/downloads/2011/07/safeguarding-the-convey_-_a-call-to-action-from-the-campaign-to-end-loneliness.pdf